



Regional Advisory Committee Agenda

Date	Tuesday, October 17, 2017
Time	11:00 a.m. - 1:00 p.m.
Location	SCDD Sacramento Office 2033 Howe Avenue, Ste. 160, Sacramento, CA 95825 (916) 263-3085
Call In Number	Listen only, call 1-303-785-9861, Participant pin 1580307 Please call the office 24 hours in advance to let us know if you plan to call in.

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 263-3085 or by email to: sonya.bingaman@scdd.ca.gov. Requests must be received by 5:00pm, October 12, 2017.

- 1) Call to Order, Chairperson, Karen Mulvany (FA) 11:00 a.m.
 - a. Welcome RAC Members & Introductions
- 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)
- 3) Approval of RAC Minutes from August 15, 2017, Karen Mulvany (FA) (action)
- 4) Brief reports from RAC members on issues in their counties
- 5) Public Comment Period

This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The RAC will provide a public comment period, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.
- 6) Regional Center Report, ACRC Staff
- 7) Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)
- 8) Regional Office Manager's Report, Sonya Bingaman
 - a. A highlight of events, outreach, and State Plan activities in our 10-county area.
- 9) Community Program Specialist's Report, Kathy Brian
 - a. A highlight of events, outreach, and State Plan activities in our 10-county area.
- 10) Increase community inclusion (group activity)
- 11) Proposed Agenda items for next meeting, Karen Mulvany (FA) (action)
- 12) Jenny Yarrow, Program Coordinator, City of Sacramento Access Leisure, Paralympic Sport Sacramento & Camps and Outdoor Education Programs
- 13) Adjournment – Karen Mulvany (FA) 1:00 p.m.



Regional Advisory Committee Minutes August 15, 2017

Unapproved

Members Present	Members Absent	Other Attending
Karen Mulvany (FA)	Kerry Youker (FA)	Joe Hernandez, Premier Healthcare
Elaine Linn (FA)	Christine Hickey (FA)	Jenny Snyder
Tyler Busselen (SA)	Jane Taylor (FA)	Lisa Beauchamp, NICU
Joyce McNair (FA)	Donnell Kenworthy (FA)	Jennifer Klarfild, Futures Explored
Tyson Whitman (SA)	Nancy Esparza (FA)	Brenda White, Futures Explored
Colleen Moss (FA)	Robert Rogers (SA)	Pete Tiedemann, ACRC
Tony Biondi (SA)		Greg Johnson, Maxim
Brandy Boyd (FA)		Kim Brown, parent
		Melissa Lepe, Premier Healthcare
		Kathy Suenz, Kaiser Permanente
		Kimberly Meade, Maxim
		Cali Ray, Premier Healthcare
		Sonya Bingaman, Staff
		Kathy Brian, Staff

- 1) Meeting was officially called to order, Chairperson, Karen Mulvany (FA) 11:00 a.m.
 - a. Welcome & Introductions
- 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)
 - a. McNair (FA) gave motion to approve; Whitman (SA) seconded.
- 3) Approval of RAC Minutes from April 18, 2017, Karen Mulvany (FA) (action)
 - a. Biondi (SA) gave motion to approve; Whitman (SA) seconded.
Suggested edits will be made.
- 4) Brief reports from RAC members:
 - a. Joyce McNair – Sacramento
 - i. Jason Lindo, from ACRC sent a letter regarding self-determination training to service coordinators. Statewide workgroup continues to meet. S-D waiver will be resubmitted by the end of this year.
 - ii. Affordable housing bus tour is full. It will take place on August 17, 2017 and Sonya and Kathy will join Joyce on this tour.
 - b. Karen Mulvany – El Dorado
 - i. Attended the LPPC meeting

- ii. Presentation on housing to increase advocacy for I/DD
 - iii. Sensory friendly dance event in Sac. on 8/25.
 - iv. ETC Environmental training
 - 1. White water rafting for people with I/DD
 - v. CalABLE – Savings Account for people with I/DD
- c. Colleen Moss – Placer
 - i. Colleen was providing services to a client who could have benefitted from the end of life decision making process. This client did not have an advanced health care directive. ACRC and Colleen's employer (agency) were not able to sign. Colleen suggests it is part of the IPP process as it is protecting the choice and rights of clients. Kathy Suenz, social worker from Kaiser Permanente recommended everyone over the age of 18 should have an AHCD. It is free, 2 witnesses are needed, and its purpose is deciding who the decision maker is.
- d. Elaine Linn – Sacramento County
 - i. CCS transition to managed care is delayed at least a year. Evaluation time may get delayed too much. Federal Healthcare – Bill to repeal Medicaid and ACA still can be voted on. Medicaid benefit cuts could drastically effect people with I/DD. We need to continue to advocate!
 - ii. Donnell Kenworthy, Elaine, Family Resource Center and Alta did trainings in 2 offices "How to share your story".
- e. Brandy Boyd – WarmLine Family Resource Center
 - i. 13 Scholarships given to parents to attend UC Davis MIND Institutes Summer Institute.
 - ii. Attended the Infant Development Association meeting in Sacramento.
 - iii. Project Leadership Training will be coming this fall for parents to learn about advocacy. Tell your stories to Legislators, schools and other community members.

5) Public Comment Period

- a. Lisa Beauchamp, NeoNatal Intensive Care Unit (NICU) Patient Advocate and parent of twins who spent 56 days at Sutter NICU. She created My NICU Journey for the purpose of providing families with additional support once they leave the NICU. The purpose is to combine resources and provide answers to parents. She has developed a planning team to put on the first NICU Symposium in November 11th. Sponsors include, SCDD, ACRC, and the WarmLine Family Resource Center. She is recruiting vendors to participate in this event.

- 6) Regional Center Report, Pete Tiedemann, CFO
 - a. ABX 2-1 Funds. ACRC has to collect 986 surveys from vendors by October 1st if they want to receive this funding. To date, ACRC has collected 160. If they don't complete them, their funding increase will not be available. This survey is located on the ACRC website and all vendors must initiate completing it.
 - b. New CPP project is underway! The dental clinic for which ACRC contributed funding and which will provide specialized dental care/services to people with I/DD broke ground and will be operational in about 9 months. University of Pacific School of Dentistry will do the training with dentists who will work with people with I/DD. Doris Matsui was present and supported this effort.
- 7) Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)
 - a. None
- 8) Regional Office Manager's Report, Sonya Bingaman
 - a. A summary of events & State Plan activities in our 10-county area.
- 9) Community Program Specialist II Report, Kathy Brian
 - a. A summary of events & State Plan activities in our 10-county area.
- 10) Portrait of State "Services" AND Emerging Needs.
 - a. None.
- 11) Melissa Lepe and Cali Ray, Premier Healthcare – Respite and Support Services
 - a. Respite and Support Services include: Skilled nursing, LVN's, RN's, HHS, Shift care, Pediatric and Adult services. Also, G-Tube, feeding tube, seizures, tracheotomy services. They provide up to 40 hours a week of nursing (feeding tube). They are vendored by ACRC and also receive funds from Medi-Cal.
- 12) Proposed Agenda items for next meeting, Karen Mulvany (FA)
 - a. State & Federal Budget Update
 - b. CalABLE
 - c. Housing updates
 - d. Legislative update
 - e. End of Life Training, DNR and Health Care Directive
 - f. Handling money
 - g. Self-Determination Update
- 13) Adjournment by Karen Mulvany (FA)
 - a. Linn (FA) gave motion to approve; Boyd (FA) seconded.

1:00 p.m.



Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

September 19, 2017 State Council Meeting Summary

SIGNIFICANT ITEMS/ EVENTS/OCCURRENCES

- Discussed the Federal Programs & Landscape and the potential impact to people with I/DD in California
- Nancy Bargmann, Director of the Department of Developmental Services gave a presentation on DDS Key Initiatives including the Self Determination Program.
- Down Syndrome Panel Presentation:
 - Rachel Osterbach (SA) from the show, "Born this Way", spoke of her personal experience
 - Lauren Sibus (FA) (DSAOC) spoke of her experiences as a sibling and of the programs offered at the Down Syndrome Association of Orange County
 - Chair April Lopez (FA) spoke of her experiences as a parent
 - Dr. Robin Hansen (UCDavis Mind Institute) presented an explanation of Down Syndrome and emerging research

- Executive Director Carruthers informed the council that he visited every member of the CA Congressional delegation and delivered Medicaid letters from their constituents.

EXECUTIVE DIRECTOR REPORT ITEMS

- Welcomed Deputy Director for Policy – Cindy Smith
- Convened the Structural Deficit Staff Workgroup
- Moved SCDD documents toward full accessibility
- Projected headquarters move: May 2018

SUMMARY OF ACTIONS TAKEN

- Approved a Sponsorship for the California Family Life Center



Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

LEGISLATIVE INFORMATION

- SCDD Supports the following legislation:
 - **AB 1165** (Gloria): Property Taxation
 - **AB 1264** (Garcia) Special Education Pupils: IEP: Meetings: School Records
 - **AB 1315** (Mullin) Mental Health: Early Psychosis and Mood Disorder Detection & Intervention
 - **AB 1379** (Thurmond) Certified Access Specialist Program funding
 - **AB 959** (Holden) Developmental Services: Regional Centers
- SCDD is watching the following legislation:
 - **AB 1380** (Santiago) Developmental Services: Regional Centers

STATE PLAN INFORMATION

- July 2017:
reached 169,912 Californians
- August 2017:
reached 144,720 Californians

OTHER

- Welcomed new Councilmember, Dr. Kilolo Brodie from the North Valley Hills region

FUTURE MEETING DATES

- November 30, 2017
10:00 a.m. - 5:00 p.m.

DEPARTMENT OF DEVELOPMENTAL SERVICES

1600 NINTH STREET, Room 320, MS 3-9
SACRAMENTO, CA 95814
TTY (916) 654-2054 (For the Hearing Impaired)
(916) 654-1958



August 3, 2017

TO: REGIONAL CENTER EXECUTIVE DIRECTORS

SUBJECT: PROGRAM DIRECTIVE TO REGIONAL CENTERS REGARDING THE
REPEAL OF THE RESPITE RESTRICTIONS PER WELFARE AND
INSTITUTIONS CODE SECTION 4686.5

The purpose of this correspondence is to ensure regional centers are aware of and will take proactive steps to inform their community of the repeal of Welfare and Institutions Code section 4686.5. Currently, regional centers are limited to purchasing no more than 90 hours per quarter of in-home respite and 21 days of out-of-home respite for a family, unless an exemption is granted. Effective January 1, 2018, these limits on the purchase of respite services will no longer apply.

The Department of Developmental Services (DDS) is requesting that regional centers conduct outreach and work with families, providers and local community organizations to facilitate awareness about the repeal of these restrictions on the purchase of respite. Regional centers' outreach and information sharing should extend to individuals and families who may not typically avail themselves of respite or other regional center purchased services, but who may benefit from these services.

Welfare and Institutions Code section 4646 (a), specifies the Legislature's intent that "...the individual program plan and provision of services and supports by the regional center system is centered on the individual and the family of the individual with developmental disabilities and takes into account the needs and preferences of the individual and the family, where appropriate, as well as promoting community integration, independent, productive, and normal lives, and stable and healthy environments."

In addition to conducting proactive outreach, regional centers should revise their Respite Services purchase of service policies, and submit them to DDS, no later than November 1, 2017, for review and approval to be effective January 1, 2018.

"Building Partnerships, Supporting Choices"

Competitive Integrated Employment (CIE)

Overview



CIE Includes:

- Work in an integrated setting
- Minimum wage or above
- Employee benefits and equal promotional opportunities

Agencies mandated to assist individuals to achieve CIE include:

- School Districts, CA Dept. of Education (CDE)
- Regional Centers, CA Dept. of Developmental Services (DDS)
- CA Department of Rehabilitation (DOR)

Regional Centers assist individuals with CIE by securing services and supports to maximize opportunities and choices for living, working and recreating in the community:

- ❖ Supported Employment
- ❖ Independent Living Skills
- ❖ Vocational Education
- ❖ Self-employment resources
- ❖ Mobility training and related transportation services to assist in achieving CIE

Settings that are *NOT* CIE:

- Day Programs that typically provide non employment-related services during the day, commonly in segregated settings
- Work Activity Centers/Sheltered Workshops that typically take place in a segregated setting and offer compensation below minimum wage
- Enclaves (segregated group employment) settings that typically pay less than minimum wage

What is the Competitive Integrated Employment (CIE) Blueprint?

Launched in 2014, finalized in 2017, the CIE blueprint was prepared by the CA Dept. of Education, CA Dept. of Rehabilitation, and the CA Dept. of Developmental Services. The Blueprint is the result of the commitment between the three departments to provide opportunities for Californians with I/DD, regardless of the severity of their disability, to prepare for and participate in CIE.

The Blueprint addresses the following areas:

- Expanding joint information sharing
- Coordinating efforts across the three systems to utilize existing resources more effectively
- Increasing collaboration between departments at the state level, and entities at the local level, to better plan, implement, and evaluate services to increase competitive integrated employment
- Increasing participation of individuals with I/DD in the California workforce development system
- Improving business partner engagement with regard to hiring individuals with I/DD in both the public and private sectors
- Offering individuals, their support network, and business partners, information and technical assistance related to CIE

Competitive Integrated Employment Resources

- Competitive Integrated Employment Blueprint: [http://www.chhs.ca.gov/Pages/Competitive-Integrated-Employment-\(CIE\).aspx](http://www.chhs.ca.gov/Pages/Competitive-Integrated-Employment-(CIE).aspx)
- WIOA: <https://www.doleta.gov/wioa/>
- Disability Benefits 101: <https://ca.db101.org/>
- Rehabilitation Services Administration (RSA)
- CECY: <https://www.semel.ucla.edu/tarjan/cecy>
- U.S. Dept. of Labor's Office of Disability Employment Policy: <https://www.dol.gov/odep/>
- LEAP Certification: <http://www.dor.ca.gov/LEAP/index.html>
- Diversity Inc. Top 50 List: www.diversityinc.com/the-diversityinc-top-50-companies-for-diversity-2017
- National Center on Workforce and Disability: <http://www.onestops.info>
- Think Beyond the Label: www.thinkbeyondthelabel.com
- SCDD's Employment Data Dashboard: https://scdd.ca.gov/employment_data_dashboard/
- Job Accommodation Network: <https://askjan.org>
- Contact your local State Council on Developmental Disabilities Regional Office:
Sacramento Regional Office (916) 263-3085



WHAT IS SELF-DETERMINATION

Adults with disabilities or families of children with disabilities, with the support of family, friends, and professionals whom they trust, taking charge of their own futures by gaining control over the services, supports and resources that they need. You decide what services you'd like and who should provide them. Additionally, Self-Determination is voluntary.

How does it work? You are given an **INDIVIDUALIZED BUDGET**

The law says that individualized budgets must be determined fairly and that everyone must be treated the same way. The law also says that Self-Determination will be phased-in over three years. The amount of money spent on services for the previous 12 months will be the amount of money you get for your Individualized Budget. The budget will be good for one year and it can be adjusted for reasons such as a change in circumstances or unmet needs. A new Individual Program Planning (IPP) will be needed to reflect the change and document any budget adjustment.

A person-centered plan is written with the help of a **FACILITATOR**

A Facilitator is someone you hire to help you. Hiring a facilitator is *optional*. You pay for the Facilitator out of your budget, but you can get a facilitator for free if you have a family member or friend willing to take on that task – but they have to be trained and qualified. Your Facilitator helps you find the services and support you need. Some of your supports will be free and come from your family, friends, and other people you know. Some of your services will be paid for out of your budget. Your Facilitator helps you find and hire the right people to support you and to decide how much they should be paid. The Facilitator makes sure everyone you hire is qualified and that you don't spend more money than you have in your budget.

The money in your budget is sent to a **FINANCIAL MANAGEMENT SERVICE**

YOU CHOOSE THE FMS. When your plan is finished and your services and supports are in place, the regional center sends the money in your budget to a Financial Management Service, or FMS. The money is given to the FMS to protect you from having to pay taxes and from being sued. The FMS takes care of paying taxes and insurance and makes sure the people working for you don't have criminal records. The FMS does not tell you how to spend your money. The FMS keeps your money safe and pays the people you hire. The FMS keeps track of how much you spend.

When can people get Self-Determination?

Self-Determination will not be available until California gets a **FEDERAL WAIVER**

Getting a federal waiver allows the state to get back some of the money spent on Self-Determination services. The state has already applied once. Another version of the waiver will be submitted soon. After the waiver is approved regulations will be written.

What can people do now?

Let your service coordinator know that you want Self-Determination and have it put in your IPP. The Department of Developmental Disabilities (DDS) is responsible for applying for the federal waiver. You can receive updates from www.dds.ca.gov/sdp/ and actively participate in the Self-Determination Advisory Committee meetings at your regional center. In the near future, it is expected that regional centers will hold "pre-enrollment information meetings". *Individuals interested in participating in the Self-Determination Program will be required to attend these meetings.* Afterwards, individuals may add their name to a list of those interested in Self-Determination, which will be sent to DDS. DDS will then randomly select who shall participate in Self-Determination during the roll out of the program for the first three years.

¿QUÉ ES LA AUTODETERMINACIÓN?

Los adultos con discapacidades o familias de niños con discapacidades, con el apoyo de familiares, amigos y profesionales en quienes confían, tomando las riendas de su propio futuro por obtener el control de los servicios, apoyos y recursos que necesitan. Usted decide qué servicios le gustaría y que deben proporcionarlos. Además, la autodeterminación es voluntaria.

¿Cómo funciona? Se le da un PRESUPUESTO PERSONALIZADO

La ley dice que los presupuestos individualizados deben ser determinadas de manera justa y que todos deben ser tratados de la misma manera. La ley también indica que la autodeterminación será gradualmente implementada en los próximos tres años. Durante ese período de tiempo el centro regional verá en todos los servicios que actualmente recibe, se sumara lo que se ha gastado, y el total será el monto de su presupuesto individualizado – usted obtendrá la misma cantidad de dinero que se gastó el año anterior. El presupuesto es válido por un año y puede ajustarlo por razones como un cambio en las circunstancias o necesidades no satisfechas. Un Plan de la Programa Individualizada (IPP) será necesario para reflejar el cambio y documentar cualquier ajuste presupuestario.

• Un plan centrado en la persona está escrito con la ayuda de un FACILITADOR

Un facilitador es alguien que usted contrate para ayudarlo. La contratación de un facilitador es *opcional*. Usted paga por el Facilitador de su presupuesto, pero usted puede conseguir un facilitador gratis si usted tiene un familiar o amigo dispuesto a asumir esa tarea - pero tienen que ser entrenados y calificados. Su facilitador ayuda a encontrar los servicios y apoyos que necesita. Algunos de sus soportes serán gratis de costo y provienen de su familia, amigos y otras personas que conoce. Algunos de sus servicios se abonarán a través de su presupuesto. Su facilitador ayuda a encontrar y contratar a las personas adecuadas para apoyar a usted y decida cuánto debe ser pagado. El facilitador se asegura que todas las personas que usted contrate están calificadas y que no gaste más dinero del que tiene en su presupuesto.

• El dinero en su presupuesto es enviado a un SERVICIO DE GESTIÓN FISCAL

(FMS, las siglas en ingles) USTED ELIGE EL FMS. Cuando su plan está terminado y sus servicios y apoyos están en su lugar, el centro regional envía el dinero en su presupuesto a un Servicio de Gestión Fiscal, o FMS. El dinero es entregado a la FMS para protegerse de tener que pagar impuestos y de ser demandado. El FMS se encarga de pagar los impuestos y el seguro y se asegura de la gente que trabaja para usted no tengan antecedentes penales. El FMS no le dice cómo gastar su dinero. El FMS mantiene su dinero seguro y paga la gente que usted emplea. El FMS mantiene un registro de lo que gasta.

¿Cuándo la gente puede conseguir la autodeterminación?

Autodeterminación no estará disponible hasta que California consiga un RENUNCIA FEDERAL. Conseguir una renuncia federal permite al estado recuperar parte del dinero gastado en servicios de autodeterminación. El estado ya ha aplicado. Otra versión de la renuncia se presentará pronto.

¿Qué puede hacer la gente ahora?

Comuníquese con su coordinador de servicios y deje le saber que usted quiere la autodeterminación y lo han puesto en su IPP. El Departamento de Servicios de Desarrollo (DDS) es responsable de la aplicación de la renuncia federal. Recibe actualizaciones de www.dds.ca.gov/sdp/ y participar activamente en las juntas del Comité Asesor de Autodeterminación a su centro regional.

En el próximo futuro, se espera que los centros regionales llevarán a cabo "juntas de información antes de inscripción". Las personas interesadas en participar en Autodeterminación necesitan asistir a estas juntas. Posteriormente, los individuos pueden añadir su nombre a una lista de los interesados en la autodeterminación, la cual será enviada al DDS. DDS seleccionará al azar quien participará en la autodeterminación durante el despliegue de la programa por los tres primeros años.



What is Person Centered Planning?

Person Centered Planning is about CHOICE. It is a way of life, a philosophy, and a thinking process. It's about supporting individuals to make their own choices throughout the planning process! It focuses on finding new possibilities for each person striving to improve quality of life, emphasizing dreams, desires and meaningful experiences.

The law says individuals with intellectual and developmental disabilities (I/DD) will be provided support to be independent and productive as a member in their community while living where they are safe, healthy and know what to expect. Information will be provided to individuals in plain language so they can understand information to make decisions on their own choices. In California, we have the regional center system to help provide the support.

Key points in Person Centered Planning Process

- Choice
- Empowerment
- Support not Control
- Individualized yet a team approach of support – sometimes called a “Circle of Support”
- Personal Profile
- It's a process
- Value
- Thinking Outside the Box
- Respect



¿Qué es la planificación centrada en la persona?

Planificación centrada en la persona es una ELECCION. Es un modo de vida, una filosofía y un proceso de pensamiento diferente. Se trata de apoyar a las personas a tomar sus propias decisiones a lo largo del proceso de planificación. Se centra en encontrar nuevas posibilidades para cada persona para mejorar la calidad de vida, tomando en cuenta sus sueños, deseos y experiencias significativas.

La ley dice que las personas con discapacidades intelectuales y de desarrollo (I / DD) recibirán apoyo para ser independientes y productivos como miembro de su comunidad mientras vivan en lugares seguros, saludables y que sepan qué esperar. La información será proporcionada a las personas en lenguaje claro para que puedan entender la información para tomar decisiones sobre sus propias. En California, tenemos el sistema de centros regionales para ayudar a proporcionar ese apoyo.

- Empoderamiento
- Apoyo no Control
- Individualizado con un enfoque de apoyo de su equipo - a veces llamado un "Círculo de Apoyo"
- Perfil personal
- Es un proceso
- Valor
- Pensar más allá
- El respeto

CRIME HURTS EVERYONE WE CAN HELP



HOW CAN CaIVCP HELP ME?

CaIVCP is a state program dedicated to providing financial compensation for many crime-related expenses. Victims who suffer physical injury, threat of physical injury or emotional injury as a direct result of a violent crime may qualify for assistance.

CaIVCP understands that financial assistance alone does not eliminate the trauma or emotional suffering of victimization, but hopes that it can relieve some of the added pressures that arise as a result of the crime.



WHAT EXPENSES CAN CaIVCP HELP PAY?

CaIVCP can help pay for a wide range of expenses related to the crime such as medical costs, mental health treatment and relocation.

In certain situations, CaIVCP can provide emergency financial assistance within 30 days. For example, you may qualify if your personal safety is at risk and you need to relocate.



WHEN DO I NEED TO SUBMIT AN APPLICATION WITH CaIVCP?

- Adults must apply within three years of the crime.
- Minor victims must apply by their 21st birthday. If the crime was a sexual offense, the application must be submitted by the victim's 28th birthday.



HOW DO I KNOW IF I'M ELIGIBLE FOR HELP?

CaIVCP can help victims and their families when the crime occurs in California. CaIVCP can also help California residents who become victims while in another state or country.

CaIVCP may also be able to assist other people directly impacted by the crime.



HOW CAN I GET HELP LOCALLY?

Contact your local Victim Witness Assistance Center advocates for assistance with filing your application.

Advocates can help you navigate the criminal justice system by providing information on resources and services in your county.

Visit our Local Help page: calvcp.ca.gov/victims/local-help.aspx



HOW CAN I LEARN MORE ABOUT CaIVCP?

Call us at: **800.777.9229**

Visit our website at: calvcp.ca.gov

Email us at: info@vcgcb.ca.gov



CaIVCP CAN HELP VICTIMS OF CRIME SUCH AS:

- Assault
- Child Abuse
- Domestic Violence
- Drunk Driving
- Elder Abuse
- Hate Crimes
- Homicide
- Human Trafficking
- Online Harassment
- Robbery
- Sexual Assault
- Stalking
- Vehicular Manslaughter

CaIVCP CAN HELP PAY:

- Crime scene clean up
- Funeral and burial expenses
- Home or vehicle modifications for victims who became disabled
- Income loss
- Medical and dental treatment
- Mental health services
- Relocation
- Residential security

There are limits on how much can be paid for each loss.

rev. 4.12.2016

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10 Tips for interacting with Police

1. **Know Your Rights:** According to an article by the American Civil Liberty Union, it is important to know your rights as a civilian. You have the right to remain silent.
2. **Be respectful while knowing your rights:** You have the right to ask if you are being detained and for what reason. When talking to a cop, you have the right to ask them why they are stopping you. When you do ask, make sure you said it respectfully and you generally won't have a problem with the responding officer.
3. **Attitude:** When you give attitude to police, they believe that you are starting to become aggressive and they may respond to you in the same way. Police officers are humans too and will react to protect themselves.
4. **Sweet-n-simple:** When asked something by an officer, just give a simple, respectful answers to avoid any issues. Avoid being sarcastic in your answers, as officers might see your short, witty response as being uncooperative.
5. **Light, Camera, Action:** You have the right to film a police officer, but be careful of how you go about doing it.
6. **Tell the Truth:** When you are telling your story and you don't want to go into detail because it is personal, stay as close to the truth as you can. Don't lie, cops can tell when you are lying. It's not what you say but how you say it.
7. **Follow the leader:** When told something like to leave a store, just do it because you don't want to cause even more trouble with them. Just follow what they say. In order to keep safe, do what they say, no back talk. Even when you think that you were stopped unfairly just comply. Remember, this will keep you safe. It is best to not run. Don't argue, resist or obstruct the police, even if you are innocent or police are violating your rights.
8. **Watch Your Hand Movements:** Keep your hands where police can see them. In several shooting cases, people were reaching into their pockets which prompted officers to shoot. They may think you are reaching for a weapon and will react to protect themselves. If you really need to go into your pockets, ask for permission first and do not do anything until the officer lets you.
9. **ID:** You have the right to request to see a police officer's badge. They are not allowed to hide it, They have it for a reason. If you have any problem you can write down their badge number and name.
10. It is important to remember that police officers do a lot of good in communities. There are many good cops out there, so if you act respectfully, being stopped does not have to escalate. If you are stopped by a police officer and feel that your rights were violated, stay calm and respectful, get the name of the officer and file a complaint. According to "Know Your Rights," you should call to file a written complaint or call your local ACLU if you feel your rights have been violated.

Providing People with Disabilities Greater Financial Security

About CalABLE

CalABLE is a new program that allows people with disabilities to establish a tax-advantaged savings account and save up to \$14,000 per year and up to \$100,000 in total without losing vital public benefits, such as supplemental security income. Earnings in these accounts are not subject to federal income tax or California state income tax, so long as the earnings are spent on qualified expenses. CalABLE began operations July 1, 2016 and is anticipated to open for business in 2017.

Who is eligible to open an ABLE account?

An individual who has the onset of a disability before age 26 may qualify by meeting one of the following:

- Is eligible to receive benefits based on disability, such as Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI);
- Has a disability certification, including a copy of the diagnosis signed

What are the benefits of a CalABLE account?

The following features and benefits are being considered by the ABLE Board:

- Ability to contribute automatically through routine deductions from a bank account
- Ability to invite friends and family to contribute directly to an account
- Deposit online or by check
- Low fees
- Diverse investment options

Questions?

For more information on CalABLE, email calable@treasurer.ca.gov or call 916-653-1728.



TALK ABOUT OUR FINAL PLANS



A learning experience for parents & relatives of someone with a developmental disability

Has your son or daughter experienced the loss of a loved one?

Have they been exposed to the process of dying and attending a funeral?

Have you talked to them about their own death and final wishes?

Will you be making arrangements for a brother or sister when they die?

Burial or cremation? Funeral or memorial? What are the differences?
How do families make informed decisions at the time of need?

Come learn about the paperwork and costs involved in making final plans and get answers to your questions NOW – without the stress and emotions at a time of need.

When	Wednesday, October 25th 2017, 10 AM - Noon
Where	SCDD Sacramento Office 2033 Howe Ave. Suite 160 Sacramento, CA 95825
RSVP	Event is Free but RSPV is required. To RSVP, please call 916-263-3085 or email sonya.bingaman@scdd.ca.gov

WE WILL HEAR ABOUT...

- advance planning for aging parents with adult children with disabilities
- having a conversation with your adult child about death
- honoring a person's last wishes
- exposure to death and grief
- making a letter of intention and Advance Directive
- who is responsible and who is left to pay

A resource list will be provided. There will be time for questions and answers.

Our presenter, Carol Drebin, speaks to groups and active senior communities about the value of advance planning. She offers a wealth of information gathered from area funeral homes and cemeteries. Her talks are personalized with examples drawn from personal experience and Sacramento area families. Information only. Nothing will be promoted or sold.

1ST ANNUAL FASHION SHOW BENEFITING FOLSOM'S PARKS & REC INCLUSION PROJECT—FOLSOM RUNWAY.



Sunday, November 5, 2017

2:00 - 5:00 pm

Folsom Community Center

52 Natoma Street

Folsom

Featuring a runway show,
special guests, hors
d'oevres, auction and raffle.

\$30 Advance Tickets:

bit.ly/runway17tickets

*The Folsom Runway project will allow the City of Folsom
to recruit and train counselors to support children
with a variety of special needs, so they can participate in
the same programs as their non-disabled friends.*

Questions?

folsomrunway@gmail.com

INDIGENOUS PEOPLES DAY

All Events are
Free and Open
to the Public

Monday, October 9, 2017
University Union Ballroom
Sacramento State



8:30-8:50 AM

Mary Tarango (*Miwok Elder*), Opening Prayer
President Robert Nelsen, Welcome

9:00-9:50 AM

Mary Tarango (*Miwok Elden*), "Wilton Rancheria: From Termination to Recognition"

10:00-10:50 AM

Dr. Manuel Barajas (*Xaripu*), Department of Sociology, "The Xaripu Community Across Borders: A Case Study of Colonial Dislocations, Continuities and Resistance"

11:00-11:50 AM

Dr. William Bauer (*Wailacki/Concow*), Department of History, University of Nevada, Las Vegas, "Healing California: California Indians and American Violence"

12:00-1:15 PM

Dr. Anne Luna (*Choctaw/Cherokee*), Department of Sociology, and Cecilia Chavez (*Tule River*), Advocates for Indigenous People, "Mni Wiconi: Sacramento State DAPL Resistance"

1:30-2:45 PM

Mike Duncan (*Wailaki, Concow, Wintun*), "What are We Healing From?"

3:00-4:15 PM

Sage Lapena (*Nomtipom Wintu*), "The Traditions of Native California – Contemporary Perspectives"

5:30-6:45 PM

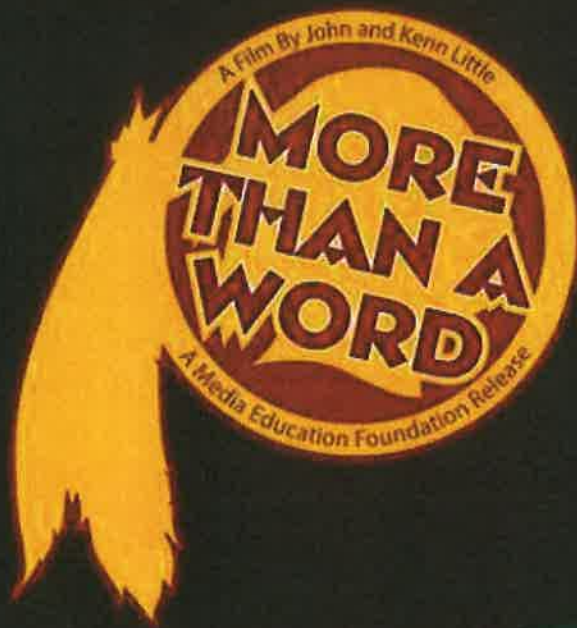
Reception, with Black Oak Singers

7:00-9:00 PM

Film Screening, More than a Word, with Filmmakers Jack Little and Kenn Little (*Standing Rock Sioux*)

Sponsored by Ensuring Native Indian Traditions, Advocates for Indigenous People, Native American Studies, Native American Faculty and Staff Council, Ethnic Studies, Multi-Cultural Center, Visiting Scholars Program, SASEP/EOP and Student Affairs

INDIGENOUS PEOPLES DAY



"More Than A Word"

This documentary analyzes the Washington football team and their use of the derogatory term R*dskins. Using interviews from those both in favor of changing the name and those against, filmmakers John and Kenn Little present a deeper analysis of the many issues surrounding the Washington team name. The film also examines the history of Native American mascots and cultural appropriation.

www.morethanawordfilm.com

Film Screening is Open and Free to the Public

Monday, October 9th

5:30-6:45 PM • Reception

7:00-9:00 PM • Film Screening

Followed by a discussion with John and Kenn Little

University Union Ballroom, Sacramento State



SACRAMENTO
STATE

Indigenous Peoples Day at Sacramento State will conclude with the film screening. For more information or complete listing of events taking place on October 9, please contact Brian Baker (baker@csus.edu) or David Ortega (ortegad@csus.edu).

Sponsored by Ensuring Native Indian Traditions, Advocates for Indigenous People, Native American Studies, Native American Faculty & Staff Council, Ethnic Studies, the Center for Race, Immigration and Social Justice, Multi-Cultural Center, Visiting Scholars Program, SASEEP/EOP and Student Affairs.

Come **CREATE**, learn, *play*, **MAKE**, and **explore**
 Engineers to artists, scientists to crafters,
 all sharing with you at the
 Greatest **Show & Tell** on Earth!

Rocklin Mini Maker Faire®

SAT OCT 14, 2017
SIERRA COLLEGE
9 AM - 4 PM

FREE Parking!
FREE Admission!



Made possible by our partners-



CenterPoint Engineering, Inc.
 Civil Engineering & Land Surveying



Rocklin.MakerFaire.com



Rocklin Mini Maker Faire is independently organized and operated under license from Maker Media, Inc.



create
invent
EXPLORE



Thanks to our sponsors!

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

If you have concerns about your child's development and live within the greater Sacramento Area, here is who you can call for further support:

WarmLine Family Resource Center

Parent Training and Information Center
916-455-9500 or 1-844-455-9517
warmlinefr.org

Family SOUP

Serving Yuba, Sutter, and Colusa Counties
530-751-1925
familysoup.org

Alta California Regional Center

916-978-6400
altaregional.org

Learn the Signs.
Act Early.



Centers for Disease
Control and Prevention

www.cdc.gov/ActEarly
1-800-CDC-INFO



Special Education Local Plan Areas (SELPA)

Sacramento County Office of Education - SELPA

916-228-2500
scoe.net/services/ld510/Pages/default.aspx

Elk Grove Unified School District - SELPA

916-686-7780
blogs.egusd.net/specialed/

Sacramento City School District - SELPA

916-643-9163
scusd.edu/special-education

San Juan Unified School District - SELPA

916-971-7525
sanjuan.edu/Page/292

Folsom Cordova Unified School District - SELPA

916-294-9007
fcusd.org/Domain/637

Placer County Office of Education - SELPA

530-886-5873
placercoc.k12.ca.us/departments/selpa/Pages/default.aspx

Yolo County - SELPA

530-668-3787
www.ycoe.org/selpa

Colusa County Office of Education - Special Education

530-473-1350
ccoe.ss9.sharpschool.com/departments/special_education

El Dorado County Office of Education - SELPA

530-295-2228
edcoe.org/educational-services/

Nevada County - SELPA

530-265-0611
nevco.org/programs-services/special-education/selpa/

Sierra County - SELPA

530-993-4485
sierracountyofficeofeducation.org/selpa/

Sutter County - SELPA

530-822-2900
www.sutter.k12.ca.us/Departments/SpecialEducation/

Tahoe Alpine - SELPA

530-541-2850 ext.1026/1048
ltusd.org/departments/special_services_

Yuba County - SELPA

530-749-4873
yubacoe.org/Page/14



Track Your Child's Developmental Milestones

For parents of children from birth to 4 years



Learn the Signs. Act Early.

Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

This brochure developed and provided by



C.A.P.T.A.I.N.
California Autism Professional Training
and Information Network

captain.ca.gov

ART SHOW

AND SALE!

FRIDAY NOVEMBER 3RD 2017



700 Douglas Boulevard, Roseville, California 95678

4:30PM to 7:30PM

Handmade original artwork by adults with intellectual and developmental disabilities will be for sale including: Paintings, drawings, photography, ceramic pieces, illustrations, fiber art, 3-D sculptures, jewelry, accessories, soap and much more!



To learn more about The Arc of Placer County's upcoming events follow us on Facebook:
<https://www.facebook.com/placerarc>

A SPECIAL THANK YOU TO  FOR SUPPORTING THE ARTISTS
AND GENEROUSLY DONATING PIZZA FOR THE EVENT!

Nowhere To Go: Young People With Severe Autism Languish In Hospitals

by Christina Jewett, Kaiser Health News | October 2, 2017



Lydia Steckelberg, 18, spent a week in the emergency room at a hospital near Sacramento, Calif., in May. Her family called 911 after Lydia began banging her head on the shower door at her family's Folsom, Calif., home and saying she wanted to die. (Courtesy of Shune Steckelberg)

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